



# Foot Locker XC South Region 13 & 14 Girls 5K Results



November 25, 2023

McAlpine Greenway - Charlotte, NC

Place	Time	Bib#	Name	City, State	Team
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**Scoring Teams:**

1. Without Limits 37 (2 6 8 9 12)
2. Fit180 59 (4 5 11 17 22)
3. Thomson Training 60 (3 7 10 19 21)
4. Mountain State Elite 78 (1 14 15 23 25)
5. The Burg United 91 (13 16 18 20 24)
6. HawkStrong XC 140 (26 27 28 29 30)

**Team Total Times (Average)**

- Without Limits: 96:59:23 (19:23:52)  
 Fit180: 102:02:09 (20:24:25)  
 Thomson Training: 101:25:29 (20:17:05)  
 Mountain State Elite: 106:50:32 (21:22:06)  
 The Burg United: 106:12:22 (21:14:28)  
 HawkStrong XC: 148:05:19 (29:37:03)

1	17:52.9	221	Maysen Fletcher	Elkview, WV	Mountain State Elite
2	17:59.6	350	Kaitlyn Estep	Cary, NC	Without Limits
3	18:24.6	239	Summer Muxlow	Murrayville, GA	North Hall Velocitas
4	18:43.8	319	Caroline Mooney	Louisville, KY	Thomson Training
5	19:02.0	153	Colby McCollum	Waxhaw, NC	Fit180
6	19:04.0	609	Elle Dawson	Greensboro, NC	High Point Blaze
7	19:23.2	141	Savannah Gentile	Waxhaw, NC	Fit180
8	19:27.4	360	Ella McCall	Hillsborough, NC	Without Limits
9	19:27.9	326	Mariah Reed	Louisville, KY	Thomson Training
10	19:34.4	354	Anneka Hill	Cary, NC	Without Limits
11	19:42.1	357	June Leis	Cary, NC	Without Limits
12	19:50.2	872	Hope Julian	China Grove, NC	
13	19:56.0	1220	Lydia Smith	Columbia, SC	
14	19:58.8	338	Julia Zopiyactle	Louisville, KY	Thomson Training
15	20:11.1	128	Karleigh Arnold	Waxhaw, NC	Fit180
16	20:17.8	370	Sarah Reynolds	Cary, NC	Without Limits
17	20:24.3	586	Kinslee Cox	Murfreesboro, TN	Nashville Youth Athletics
18	20:28.6	897	Victoria Koput	High Point, NC	High Point Blaze
19	20:30.0	1435	Genevieve Helfrich	Cary, NC	Without Limits
20	20:35.2	271	Calli Angelos	Parkersburg, WV	The Burg United
21	20:38.9	228	Rylee Wright	South Charleston, WV	Mountain State Elite
22	20:41.6	371	Payton Rice	Cary, NC	Without Limits
23	20:45.1	226	Kynlee Nary	Elkview, WV	Mountain State Elite
24	20:49.8	456	Abigail Beall	Richmond, KY	
25	20:52.7	975	Addie Marques	Charlotte, NC	Trinity Episcopal
26	20:53.9	300	Audrey Wagoner	Parkersburg, WV	The Burg United
27	20:59.9	358	Nivedha Mahadevan	Cary, NC	Without Limits
28	21:02.5	156	Kacey Neenan	Waxhaw, NC	Fit180
29	21:02.9	281	Elliot Handley	Williamstown, WV	The Burg United
30	21:04.6	1396	Odette Brown	Greer, SC	Without Limits
31	21:08.1	313	Chaney Heady	Louisville, KY	Thomson Training
32	21:08.5	687	Lainey Fernandez	Miami, FL	Miami Elite Track Club
33	21:09.1	275	Jalyn Eddy	Parkersburg, WV	The Burg United
34	21:18.2	787	Mabel Heard	Nashville, TN	
35	21:34.9	348	Avery Estep	Cary, NC	Without Limits
36	21:49.1	904	Anna Lackey	Round Hill, VA	
37	21:56.5	452	Maddison Bates	Elizabethtown, KY	Team Kentucky Elite
38	22:08.5	240	Zoey Borgman	Kingwood, WV	Onka1080
39	22:09.3	311	Sarah Haines	Louisville, KY	Thomson Training
40	22:12.4	1457	Kailey Eccleston	,	
41	22:12.6	377	Kailey Silvers	Cary, NC	Without Limits
42	22:24.1	172	Alivia Welles	Waxhaw, NC	Fit180
43	22:25.6	1177	Brynley Scott	Marvin, NC	
44	22:27.4	255	Tumaini Yawe	Morgantown, WV	Onka1080
45	22:28.9	219	Martha Dolin	South Charleston, WV	Mountain State Elite
46	22:33.1	287	Lexi McKinney	Mineral Wells, WV	The Burg United
47	22:36.4	137	McKenna Dixon	Waxhaw, NC	Fit180
48	22:42.0	1353	Erica Wood	Louisa, VA	



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Place	Time	Bib#	Name	City, State	Team
49	23:09.8	250	Hannah Umstead	Springfield, WV	Onka1080
50	23:17.9	1452	Emma Vu	Sorrento, FL	
51	23:30.8	165	Kayley Rush	Waxhaw, NC	Fit180
52	23:52.3	1110	Sydney Ragle	Douglas, GA	Amplify
53	24:08.0	883	Grace Khlopkov	Inman Sc, SC	
54	24:22.6	528	Reece Carpenter	Sutton, WV	WV Mountain Runners
55	24:25.2	173	Piper Williams	Waxhaw, NC	Fit180
56	24:34.5	854	Angelina Johnson	Ambrose, GA	Amplify
57	24:43.5	132	Amanda Bou-fahreiddin	Waxhaw, NC	Fit180
58	24:52.4	620	ILeanna Derrick	Winnsboro , SC	
59	25:07.4	224	Isabella Harris	Clendenin, WV	Mountain State Elite
60	25:45.2	599	Afton Dale	Louisville, KY	
61	26:31.2	922	Ava Leamer	Bahama, NC	North Durham Run Club
62	27:10.8	197	Angelita Gomez Solano	Mission, TX	HawkStrong XC
63	28:37.4	1393	Sarah Mendoza	Mission, TX	HawkStrong XC
64	30:00.1	1391	Camila Carmona	Mission, TX	HawkStrong XC
65	30:00.2	192	Valerya Adame	Mission, TX	HawkStrong XC
66	32:18.4	193	Jade Aguilar	Mission, TX	HawkStrong XC
67	33:01.7	1388	Kristen Estrada	Mission, TX	HawkStrong XC